

4 February 2021

Dear students, parents and carers,

**Weald Wellbeing Day - Friday 12 February 2021**

I would like to thank all those of you who have contacted me to discuss the amazing ways you have adapted to online lessons since January, and to request opportunities to go 'screen free'.

As I have said, we do believe that in the short-term, the move to online lessons is the best way to mitigate the impact of the school closure, however, we do acknowledge this has increased dramatically the amount of time you are spending using screens. Therefore, on Friday 12 February we will not be running any online lessons or form times. We would like each of you to use this time to do something that will positively improve your wellbeing, we hope away from your screens.

For some of you, this will be an activity from the enrichment booklet that you can access via [this link](#). For others (and this would be my personal choice) you will have a DEAR day – Drop Everything And Read. If you are worried about a piece of work you need to complete, do take the time to get this done, or if you want to revise a new piece of learning, again that is fine. For some of you, the opportunity to get outside and have a day away from study will be just the ticket. The most important thing is you do something that will allow you to go into the half-term ready to rest, relax and recuperate.

We would love to see any pictures of the activities you elect to do when we return after half-term.

The school will remain open for our key worker students, who will also be given the opportunity to choose their tasks for the day (albeit within the confines of the school).

We hope this will allow you to take some well needed screen free time in advance of your well-deserved half-term break.

Thank you all for your amazing commitment to your studies, and for your support and resilience.

Yours sincerely,



**Mrs E Bone**  
Headteacher