



Sports clubs

PE clubs on offer at Tonbridge and Sevenoaks

There is no need to sign up in advance just turn up on the day (*except for the pre-booked clubs which are indicated on the timetable- a letter was sent to parents outlining the sign-up procedure for these clubs).

- * Students will need to get changed into PE kit at school for their club if they don't have PE that day.



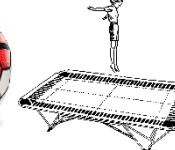
Tonbridge Extracurricular PE Clubs



Day	Before School (7:30-8:30am)	Lunch time (12:45-1:15pm)	After school (3:45 –4:45pm)
Monday	All Years Gymnastics <i>(External Coach - prebooked)</i>	Year 7 & 8 Netball EES All Years Football - MM/6th Form students Dance (all years in studio- prebooked-ask PE for details) Year 7 Trampolining AW	KS3 Rugby <i>(External coach)</i> All Years Kickboxing <i>(External Coach – prebooked)</i> Trampolining Squad Training <i>(invite only)</i>
Tuesday		Year 9, 10 and 11 Netball EES Year 10 & 11 Trampolining RN Badminton Yr 9/10/11 KH	All Years Kickboxing <i>(External Coach – prebooked)</i> Yr 7 & 8 Netball fixtures 4-5:15pm Week 1 only <i>See fixture list and team sheets.</i>
Wednesday		GCSE coursework clinic RN	All Years Hockey MM2
Thursday		Badminton Yr 7/8 KH	Yr. 9 & Yr. 10 Netball fixtures 4:00-5:15pm <i>See fixture list and team sheets</i> <i>KS3 Football (External coach-prebooked) starting after Oct. Half term</i>
Friday	GCSE Trampolining Masterclass AW	Cheerleading (KS3- external coach pre-booked) Year 8 & 9 Trampolining AW	



Sevenoaks Extracurricular PE Clubs



Day	Before School (7:30-8:30am)	Lunch time (12:45-1:15pm)	After school (3:45 –4:45pm)
Monday		All Years Dance SE	
Tuesday		Year 7&8 Netball AW	4-5.30pm: Yr. 7 & Yr. 8 Netball fixtures AW week 1 <i>See fixture list and team sheets.</i>
Wednesday	GCSE Trampolining AW	Badminton All-Years NW week 1	All Years Kickboxing (<i>External Coach – prebooked</i>) Hockey all Years (<i>PTA funded-external coach</i>) Cheerleading (<i>Dance studio External Coach – prebooked</i>)
Thursday		Year 9 & 10 Netball NW AW	Yr. 9 & Yr. 10 Netball fixtures 4-5:15pm All years Trampolining AW
Friday			<i>KS3 Football (External coach-prebooked) Starting after Oct. half term</i>