

## PSHE OVERVIEW 2026-2027

| <b>KS3</b>  | <b>TERM 1</b><br><i>15 September-13 October 2025</i>                                                                                                                                         | <b>TERM 2</b><br><i>10 Nov-8 Dec 2026</i>                                                                                                                                            | <b>TERM 3</b><br><i>5 Jan-2 Feb 2027</i>                                                                                                                      | <b>TERM 4</b><br><i>23 Feb –23 March 2027</i>                                                                                                                                  | <b>TERM 5</b><br><i>13 April-25 May 2027</i>                                                                             | <b>TERM 6</b><br><i>15 June-7 July 2027</i>                 |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| <b>YR 7</b> | <p>Introduction to PSHE</p> <p>Transition focus- Managing Emotions, Change and Self-Care (Wellbeing)</p> <p>Keeping ourselves safe online and in the community</p>                           | <p>Friendships - Making friends, what makes a good friend and conflict resolution</p> <p>Types and features of healthy relationships</p> <p>Bullying</p>                             | <p>Puberty changes: Physical and Emotional</p> <p>Periods and Menstruation</p> <p>Coping with Periods</p>                                                     | <p>FGM</p> <p>Looking after your body</p> <p>Vaping and Smoking</p>                                                                                                            | <p>Looking after your mind</p> <p>Health Campaign presentations (Assessment) x 2</p>                                     | <p>First Aid Course x2</p> <p><b>PSHE Assessment</b></p>    |
| <b>YR 8</b> | <p>Family: What is family? What makes a family? Marriage in society</p> <p>Parenting: Roles and responsibilities</p> <p>Pressure, Power and Choice L1: Consent in intimate relationships</p> | <p>Pressure, Power and Choice L2: Unsafe relationships, forced marriage and abuse</p> <p>Family Changes- Grief and Loss</p> <p>Family Changes: Impacts of Divorce and Separation</p> | <p>Online Safety and Social media</p> <p>Online safety and AI, Misinformation and Disinformation</p> <p>What does responsible social media use look like?</p> | <p>Online safety and sending of semi nudes and nudes</p> <p>British Values and Protected Characteristics</p> <p>What makes someone prejudiced and the role of social media</p> | <p>Racism in society</p> <p>Alcohol: Laws and implications of drinking alcohol</p> <p>Drugs: Types, laws and impacts</p> | <p>Body Image Project x 2</p> <p><b>PSHE Assessment</b></p> |

|             |                                                                                             |                                                                                                                |                                                                                                |                                                                                                                                                                                                |                                                                                                                                   |                                                                                                                                                          |
|-------------|---------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>YR 9</b> | <p>Stereotypes: Sexism and Misogyny</p> <p>Global Issues for Women</p> <p>Women in work</p> | <p>Incel Culture &amp; the Manosphere</p> <p>Radicalisation and Extremism</p> <p>Exploitation and Grooming</p> | <p>Gangs and Knife Crime</p> <p>County Lines</p> <p>Sexual Orientation: LGBT History Month</p> | <p><b>Consent and assessing sexual readiness</b></p> <p><b>What is contraception, understand why it is used, explore types and efficacy (</b></p> <p><b>STIs and condom demonstrations</b></p> | <p>STI review and campaigns <b>(Assessment)</b></p> <p>Managing the end of an Intimate relationship</p> <p>Financial literacy</p> | <p>Financial Literacy: importance and practice of budgeting</p> <p>Financial Literacy: Insurance, savings and pensions</p> <p><b>PSHE Assessment</b></p> |
|-------------|---------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|

*Please note that lessons may be subject to change order on occasion (TOPICS IN BOLD INDICATE SEX EDUCATION)*

## PSHE OVERVIEW 2026-2027

|       | TERM 1                                                                                                                                 | TERM 2                                                                                                           | TERM 3                                                                                          | TERM 4                                                                                                      | TERM 5                                                                                                                                      | TERM 6                                                                                                                                                                      |
|-------|----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| KS4   | 15 September-13 October 2025                                                                                                           | 10 Nov-8 Dec 2026                                                                                                | 5 Jan-2 Feb 2027                                                                                | 23 Feb –23 March 2027                                                                                       | 13 April-25 May 2027                                                                                                                        | 15 June-7 July 2027                                                                                                                                                         |
| YR 10 | <p>Healthy Body and Mind: stress and coping mechanisms</p> <p>MH: Stress, Anxiety and Depression</p> <p>Gambling and Mental Health</p> | <p>Finance and Debt</p> <p>Drugs and Alcohol and implications on MH</p> <p>Cosmetic and Aesthetic procedures</p> | <p>Breast Cancer Awareness</p> <p>Sexual Harassment in society</p> <p>Healthy Relationships</p> | <p><b>Sex assumptions and norms</b></p> <p><b>Pornography</b></p> <p>Parenthood and paths to parenthood</p> | <p>Pregnancy facts and miscarriage</p> <p><b>Pregnancy choices and emergency contraception</b></p> <p>Being a young parent and abortion</p> | <p>Fertility and factors that affect fertility</p> <p>Financial Literacy : Income and expenditure and financial products and services</p> <p>Careers and career journey</p> |
| YR 11 | First Aid and Alcohol                                                                                                                  |                                                                                                                  | EXAMS                                                                                           |                                                                                                             |                                                                                                                                             | EXAMS                                                                                                                                                                       |

|  |                     |                                                           |                                                                       |                                                                                                 |                                      |              |
|--|---------------------|-----------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|--------------------------------------|--------------|
|  | Alcohol and Spiking | Diversity and Inclusion:<br>Racism and representation x 2 |                                                                       | Gaslighting and Coercion                                                                        | Manifesto for life and relationships |              |
|  | Menopause           | InvestIN Careers Talk                                     | Consent Education:<br>What is consent and session from 'Talk Consent' | Image based abuse online<br><br>Effective and assertive communication in personal relationships | <b>EXAMS</b>                         | <b>EXAMS</b> |

|              | <b>TERM 11</b><br><i>15 September-13 October 2025</i>                                                                                                                                | <b>TERM 2</b><br><i>10 Nov-8 Dec 2026</i>                                                        | <b>TERM 3</b><br><i>5 Jan-2 Feb 2027</i>                                                   | <b>TERM 4</b><br><i>23 Feb –23 March 2027</i>                                         | <b>TERM 5</b><br><i>13 April-25 May 2027</i>          | <b>TERM 6</b><br><i>15 June-7 July 2027</i> |
|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------|---------------------------------------------|
| <b>KS5</b>   |                                                                                                                                                                                      |                                                                                                  |                                                                                            |                                                                                       |                                                       |                                             |
| <b>YR 12</b> | Intro to PSHE,making the most sixth form and tips for well being and work life balance<br><br>Financial choices:<br>Finance, Pensions and Tax<br><br>Driving Awareness course KCC L1 | Driving Awareness course KCC L2-3 including external talk from KCC<br><br>Men's Health: Movember | Men's health and infertility<br><br>Healthy relationships<br><br>What is coercive control? | Digital abuse and stalking<br><br>Substance abuse<br><br>'We are with you' Drugs talk | EXAMS<br><br>UCAS-Talk with Jane Marshall<br><br>UCAS | UCAS<br><br>Preparation for WEX             |
|              |                                                                                                                                                                                      |                                                                                                  |                                                                                            |                                                                                       |                                                       |                                             |

|             |                                                                        |                                                                                                |                                                                                                |                                                             |                                                         |              |
|-------------|------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------|--------------|
| <b>Y 13</b> | Alcohol: Safety and risks of spiking<br><br>Fertility<br><br>Menopause | Infertility/Men's Health<br><br>Incels and Manosphere<br><br>Health Services and how to access | Exams<br><br>Financial Literacy: credit cards and loans<br><br>Credit score and impact of debt | Student bank accounts<br><br>Budgeting<br><br>Student Loans | Preparation for exams and self-care<br><br><b>EXAMS</b> | <b>EXAMS</b> |
|-------------|------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------|--------------|