



Sports clubs

PE clubs on offer at Tonbridge and Sevenoaks

There is no need to sign up in advance just turn up on the day (*except for the pre-booked clubs which are indicated on the timetable- a letter was sent to parents outlining the sign-up procedure for these clubs).

* Students will need to get changed into PE kit at school for their club if they don't have PE that day.



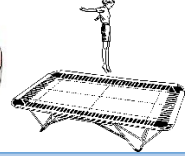
Tonbridge Extracurricular PE Clubs



Day	Before School (7.30-8.30am)	Lunch time (12.50-1.15pm)	After school (3.45 –4.45pm)
Monday	All Years Gymnastics <i>(External Coach - prebooked)</i>	Year 7 & 8 Netball EES Dance (all years in studio - <i>PTA funded-external coach</i>) Year 8,9 Trampolining AW WK1	Year 7 & 8 Netball LB (<i>invite only</i>) KS3 Rugby (<i>External coach</i>) All Years Kickboxing (<i>External Coach – prebooked</i>)
Tuesday		Year 9, 10 and 11 Netball EES All Years Football MM2 Year 10,11 Trampolining RN WK1 Badminton Yr 9/10/11 KH	All Years Kickboxing (<i>External Coach – prebooked</i>) Yr 7 & 8 Netball fixtures 4-5:15pm <i>See fixture list and team sheets.</i>
Wednesday	GCSE Trampolining Masterclass AW	All Years Running Club AF Year 7 Trampolining AW All Years YOGA RP Dance studio Week 1 only	Trampolining Squad Training (<i>invite only</i>)
Thursday		Badminton Yr 7/8 KH	Yr. 9 & Yr. 10 Netball fixtures 4:00-5:15pm <i>See fixture list and team sheets</i> All Years Hockey MM2 KS3 Football (<i>External coach-prebooked</i>)
Friday		Cheerleading (KS3- external coach pre-booked)	



Sevenoaks Extracurricular PE Clubs



Day	Before School (7.30-8.30am)	Lunch time (1-1.25pm)	After school (3.45 –4.45pm)
Monday		Badminton All-Years NW	
Tuesday			4-5.30pm: Yr. 7 & Yr. 8 Netball fixtures AW <i>See fixture list and team sheets.</i>
Wednesday			All Years Kickboxing (<i>External Coach – prebooked</i>) Hockey all Years(<i>PTA funded-external coach</i>)
Thursday	GCSE Trampolining AW	GCSE Masterclass NW Year 7,8 Netball AW WK1 RN WK2	Yr. 9 & Yr. 10 Netball fixtures 4-5:15pm All years Trampolining AW
Friday		Interhouse Sport (PE) All Years Dance (<i>PTA funded-external coach</i>)	KS3 Football (<i>External coach-prebooked</i>) <i>Starting after half term</i>