



Reading Lists

Food & Nutrition

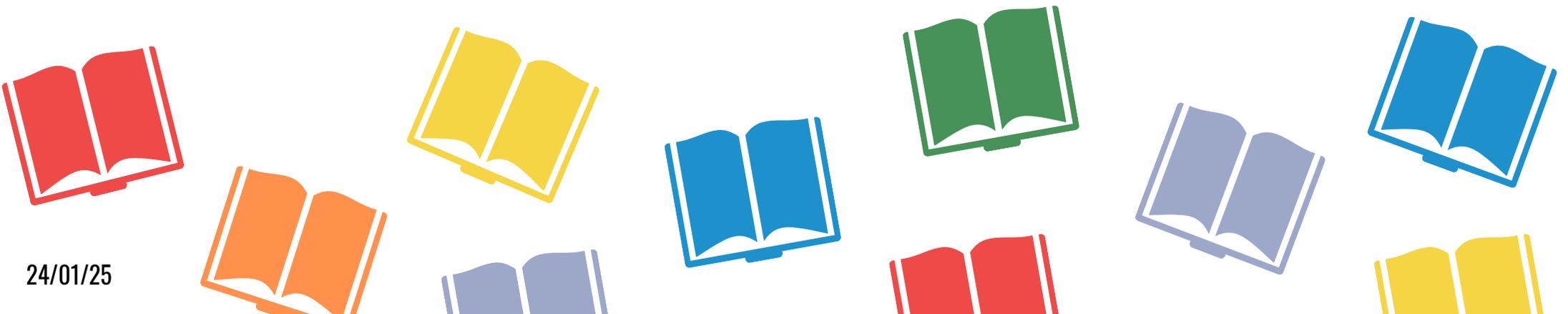


Reading Lists

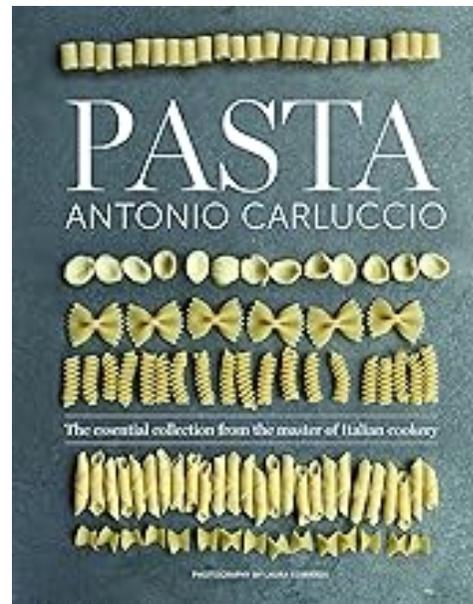
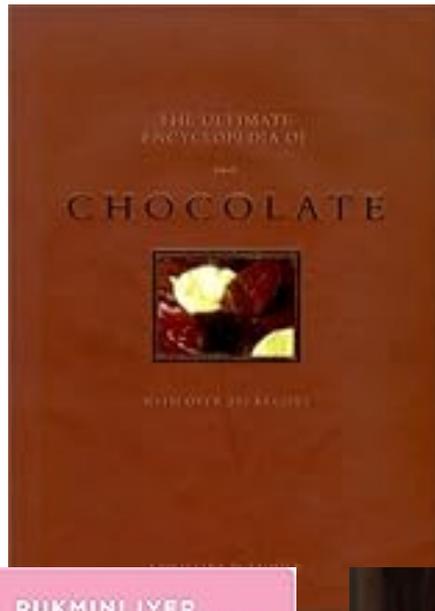
Food & Nutrition



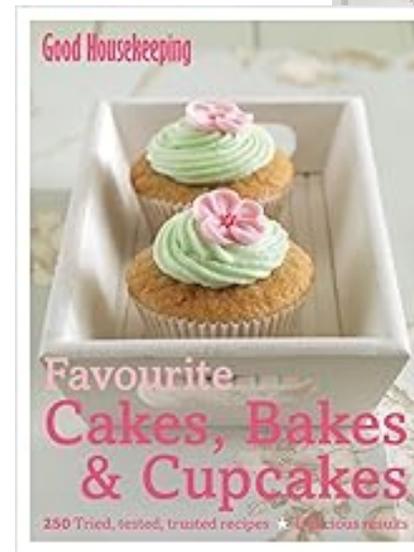
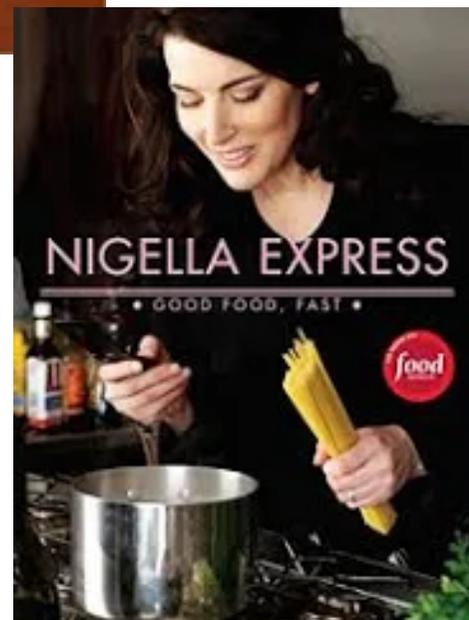
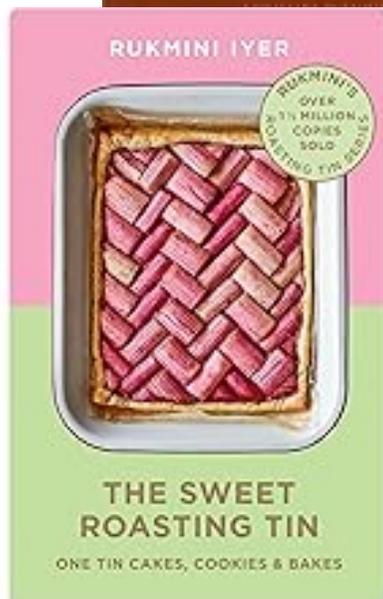
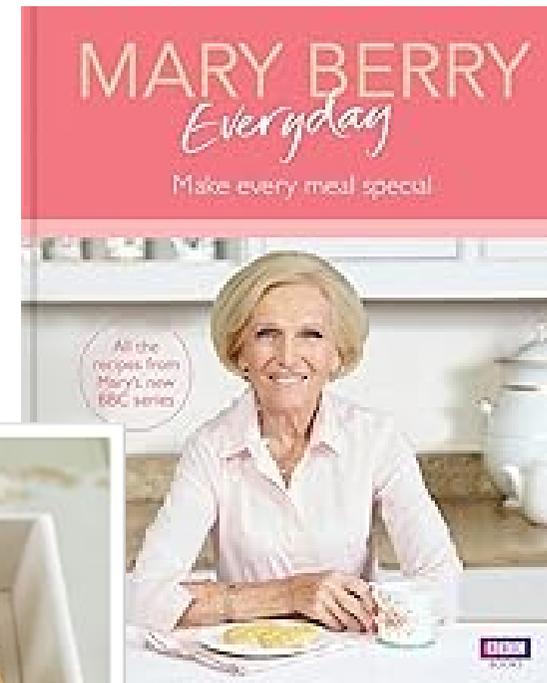
- Books available at Weald are found as subject reading lists on our online library catalogue.
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- Kent Libraries digital books are available for free using the Libby app:
 - <https://www.kent.gov.uk/leisure-and-community/libraries/ebooks-eaudiobooks-emagazines-enewspapers>
- All Weald students can join Kent Libraries and reserve non-fiction to be delivered to any Kent Library for free:
 - <https://kent.spydus.co.uk/cgi-bin/spydus.exe/MSGTRN/WPAC/JOIN>



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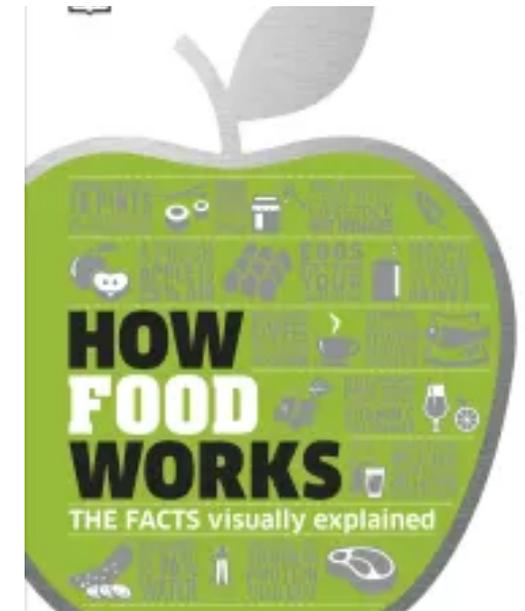
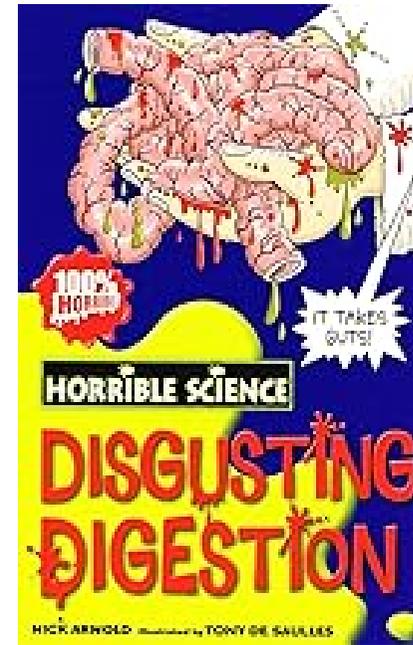
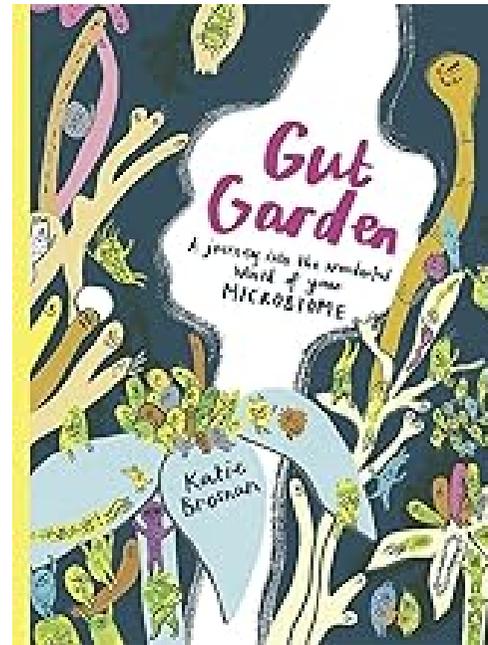
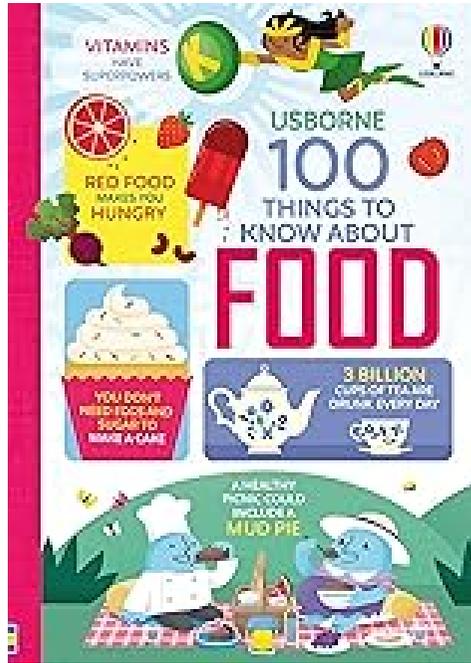


A wide range of recipe books are available in both Weald Libraries



Food & Nutrition: Key Stage 3

Recommended Reading



Title	Author	Stocked in Weald Tonbridge?	Shelf location	Stocked in Weald Sevenoaks?	Shelf location	Available as Kent Libraries digital book?	Available as Kent Libraries hardcopy book?
100 Things to Know about Food	Baer, S. et al	No		<u>Yes</u>	641	No	<u>Yes</u>
Gut Garden: A Journey into the Wonderful World of your Microbiome	Brosnan, K.	No		<u>Yes</u>	616.3	No	No
Disgusting Digestion	Arnold, N.	No		<u>Yes</u>	612.3 ARN	No	<u>Yes</u>
How Food Works	DK	No		<u>Yes</u>	641.5	No	<u>Yes</u>



Food & Nutrition: Key Stage 3

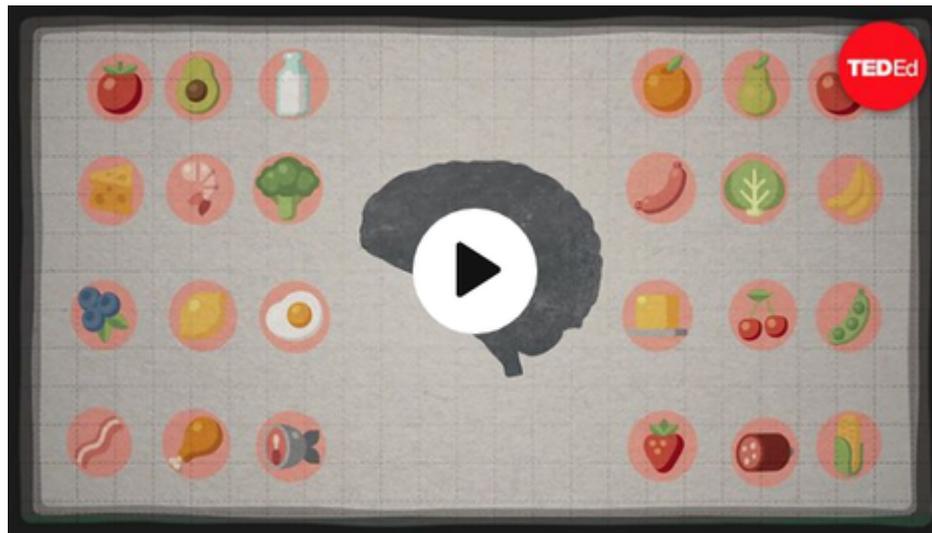
Exploring List



https://www.ted.com/talks/jonathan_j_o_sullivan_and_grace_e_cunningham_which_type_of_milk_is_best_for_you?subtitle=en



https://www.ted.com/talks/ayana_elizabeth_johnson_and_jennifer_jacquet_will_the_ocean_ever_run_out_of_fish?subtitle=en



https://www.ted.com/talks/mia_nacamulli_how_the_food_you_eat_affects_your_brain?subtitle=en

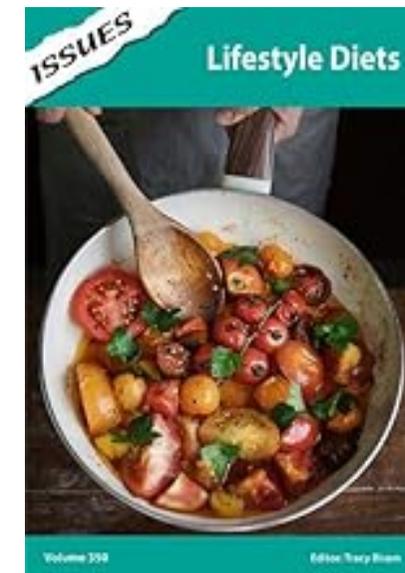
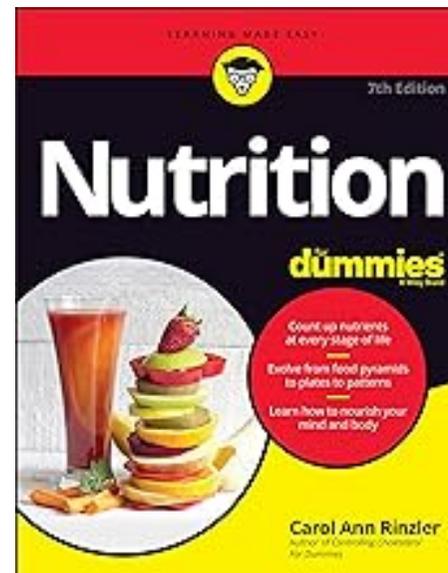
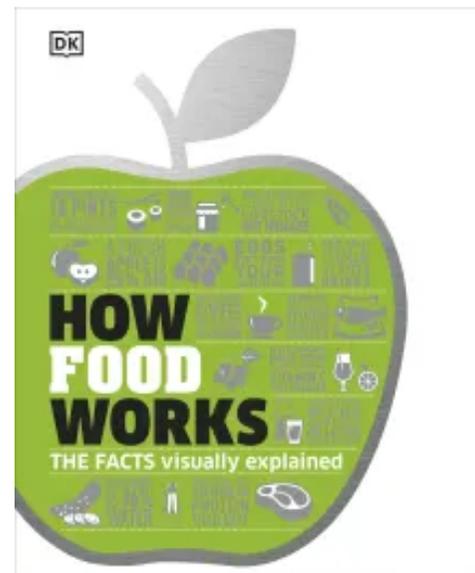
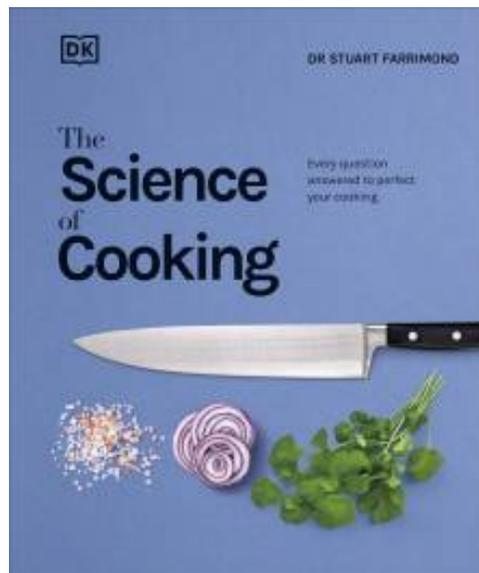
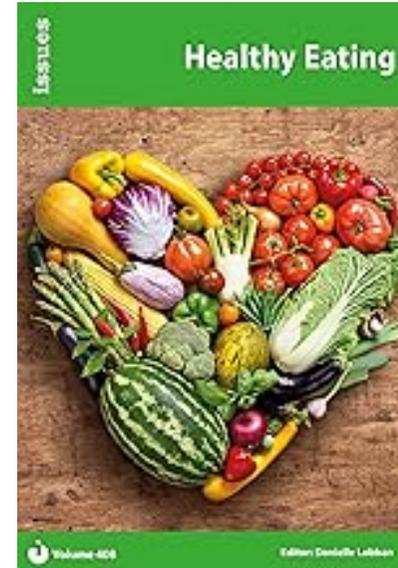
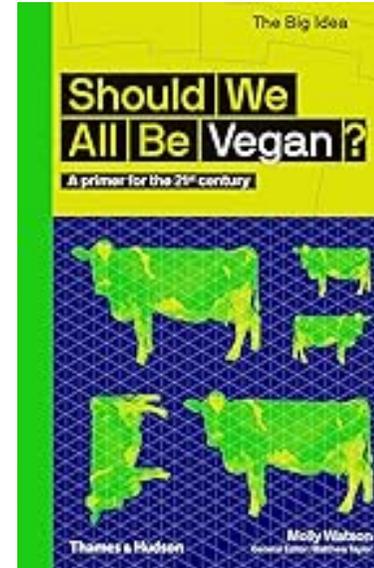
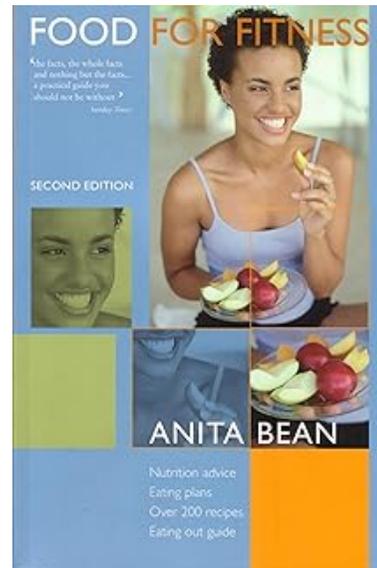
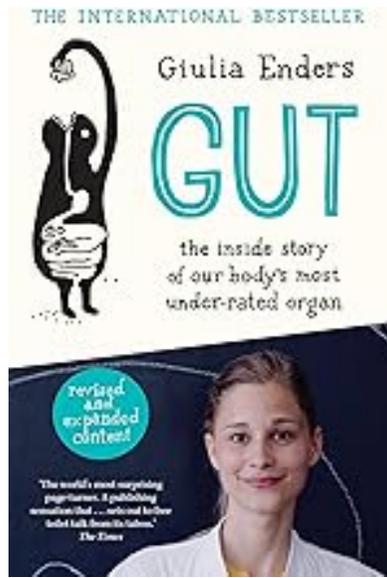


<https://www.bbc.co.uk/teach/class-clips-video/articles/zmfn92p>



Food & Nutrition: GCSE

Recommended Reading



Food & Nutrition: GCSE

Recommended Reading

Title	Author	Stocked in Weald Tonbridge?	Shelf location	Stocked in Weald Sevenoaks?	Shelf location	Available as Kent Libraries digital book?	Available as Kent Libraries hardcopy book?
Gut	Enders, G.	<u>Yes</u>	612.3 END	<u>Yes</u>	612.3 END	<u>Yes</u>	<u>Yes</u>
Food for Fitness	Bean, A..	<u>Yes</u>	613.2 BEA	No		No	No
Should we all be Vegan? A Primer for the 21st Century	Watson, M., Taylor M.	No		<u>Yes</u>	613.2 WAT	No	No
Lifestyle Diets	Biram, T.	<u>Yes</u>	613.2 BIR	No		No	No
The Science of Cooking	Farrimond, Dr S.	<u>Yes</u>	641.5 FAR			No	<u>Yes</u>
How Food Works	DK	No		<u>Yes</u>	641.5	No	<u>Yes</u>
Nutrition for Dummies	Rinzler, C. A.	<u>Yes</u>	613.2 RIN	No		No	<u>Yes</u>
Healthy Eating	Lobban, D.	No		<u>Yes</u>	613.2 LOB	No	No



goodFOOD

An excellent collection of online recipes -
<https://www.bbcgoodfood.com/recipes>



An interactive map of the world with dishes typical of the region you choose - <https://www.tasteatlas.com>

Find out more about the nutritional value, provenance, preparation & cooking of your ingredients - <https://www.checkyourfood.com>



Check the carbon footprint of your food -
<https://www.bbc.co.uk/news/science-environment-46459714>



Short video clips on the provenance of popular foods -
<https://www.bbc.co.uk/programmes/b00vt0sj/clips>



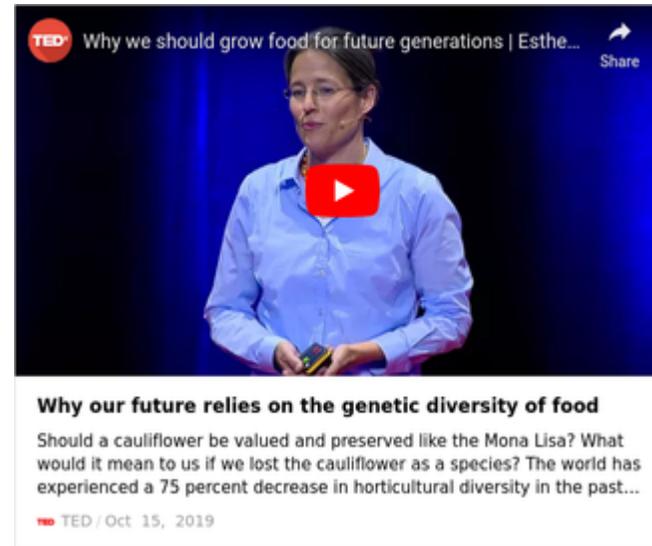
Food & Nutrition: GCSE

Recommended Ted Talks

Exploring List



https://www.ted.com/talks/stuart_oda_are_indoor_vertical_farms_the_future_of_agriculture?subtitle=en



https://www.ted.com/talks/esther_meduna_why_our_future_relies_on_the_genetic_diversity_of_food?subtitle=en



https://www.ted.com/talks/pat_crowley_want_to_help_save_the_world_eat_more_insects?subtitle=en



https://www.ted.com/talks/kristie_ebi_how_climate_change_could_make_our_food_less_nutritious?subtitle=en

