

# Week 1 Spring Menu



At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

every week!  
Look out for our

★ Theme Bars ★

JACKET POTATOES  
WITH ALL THE BEST TOPPINGS!

 **SALAD BAR**  
Fresh every day packed with tasty choices!



**MEAL DEAL**

Check out what's on offer today!  
Also available for Free School Meals

**ALLERGENS**

Speak to one of our chefs if you have any allergies or check on the daily menu template.

*we're allergy gurus!*

Mon	Tue	Wed	Thu	Fri
 <b>From £2.35</b> <b>MAINS</b> <i>Fresh Flavours</i>	<b>Masala Days</b> Chicken Tikka Masala Veggie Tikka Masala Pilau rice or Bombay Potatoes Onion Bhajis Vegetable samosas Naan bread Mango Chutney Onion Salad Mint and Yoghurt sauce	<b>Tex Mex</b> Chicken Enchilada baked with tomato and cheese Vegetable enchilada with BBQ beans, coriander Loaded Fries Topped with: Chilli Salsa cheese nachos Jalapenos	Classic Italian Beef Lasagne served with chef's seasonal salad and garlic bread Mediterranean vegetable lasagne served with chef's seasonal salad and garlic bread	<b>Fish &amp; Chip Shop</b> Battered Fish Fillet Cheese and Onion Pattie Sausage dogs Oven baked Chips Garden Peas Mushy Peas Baked Bean Pickled Onions, Buttered rolls Chunky Tartare sauce, Ketchup and Lemon
 <b>From 2.35</b> <b>VEGGIE</b> <i>Meat Free</i>	Kung Pao Chicken stir fry with peppers and noodles Steamed Rice Garlic and chili roasted greens Kung Pao Quorn stir fry with pepper and noodles Steamed Rice Garlic and chili roasted greens			

**From £2.30**

## GLOBAL EATS

### MONDAY

Jumbo Hot Dog with BBQ Sauce and Sweet Potato Crisps

### TUESDAY

Pizza Panini

### WEDNESDAY

Chilli beef loaded skins

### THURSDAY

Chicken Pad Thai with Sweet Chilli Sauce

### FRIDAY

Cheese and tomato pizza

**From £1.90**

## PASTA BAR

### SERVED EVERYDAY

Freshly cooked Pasta:

Slow cooked Beef Bolognaise

Tomato and Basil Sauce

Served with:

Home baked Garlic Bread

Pesto

Cheese

**From £1.20**

## DESSERT

### MONDAY

Apple Crumble with Custard

### TUESDAY

St Stephens Pudding with Vanilla Custard

### WEDNESDAY

Cornflake cake

### THURSDAY

Jam and Coconut Sponge with Custard

### FRIDAY

Cornflake cake

# Week 2 Spring Menu



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Mon	Tue	Wed	Thu	Fri
 <b>From £2.35</b> <b>MAINS</b> <i>Fresh Flavours</i>	<b>Burgers</b> Spicy Chicken Burger Falafel Burger All served in a sesame seed bun  Add Mayonnaise, shredded iceberg, fried onions, ketchup  Chips / Oven Chips Onion Rings  Extras  Sliced Cheese Pineapple	<b>Caribbean</b> BBQ Jamaican Jerk Spiced Chicken  Trinidad Doubles served with curried Chick Peas  Trinidadian Corn Pie  Jamaican Rice and Peas  Jamaican Patties  Juicy Carrot and Pineapple Salad	Beef Chilli con Carne with sour cream and crushed nachos or steamed rice  Vegetarian Mince Chilli con carne, served with tortilla chips, sour cream and jalapenos	<b>Fish &amp; Chip Shop</b> Battered Fish Fillet Jumbo Sausage Roll  Cumberland sausage  fish finger dogs  Oven baked Chips  Garden Peas Mushy Peas Baked Bean Curry Sauce  Pickled Onions, buttered rolls, Pickled Gherkins, Chunky Tartare sauce, Ketchup and Lemon
 <b>From £2.35</b> <b>VEGGIE</b> <i>Meat Free</i>	Mac cheese with salad or garlic bread  Paprika roasted Vegetable Pasta			

**From £2.35**  
**GLOBAL EATS**

**MONDAY**  
Cheese & ham panini

**TUESDAY**  
Loaded potato wedges

**WEDNESDAY**  
Bombay chicken flat bread

**THURSDAY**  
BBQ Pulled Pork in a floured bun

**FRIDAY**  
Stone baked pizza

**From £1.90**  
**PASTA BAR**

**SERVED EVERYDAY**  
Freshly cooked Pasta:  
Slow cooked Beef Bolognaise  
Tomato and Basil Sauce

Served with:  
Home baked Garlic Bread  
Pesto  
Cheese

**From £1.20**  
**DESSERT**

**MONDAY**  
Eves Pudding with Custard

**TUESDAY**  
Banoffee Pie

**WEDNESDAY**  
Jamaican Ginger Cake

**THURSDAY**  
Lemon mousse

**FRIDAY**  
Chocolate Sponge with Chocolate Sauce



# Week 3 Spring Menu



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**SALAD BAR**

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**MEAL DEAL**

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**ALLERGENS**

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Mon	Tue	Wed	Thu	Fri
 <p><b>From £2.35</b></p> <p><b>MAINS</b></p> <p><i>Fresh Flavours</i></p>	<p>★ <b>Sausage &amp; Mash</b> ★</p>	<p>★ <b>Thai</b> ★</p>		<p>★ <b>Fish &amp; Chip Shop</b> ★</p>
<p>Open chilli beef wrap With spicy rice</p>	<p>Pork Sausages</p> <p>Chicken Sausages Quorn vegan</p> <p>Creamy mash Sweet Potato Mash</p>	<p>Thai Green Chicken Curry served with Steamed rice</p> <p>Pad Thai Noodles with egg noodles and bean shoots</p> <p>Steamed Jasmine Rice</p>	<p>Roast chicken with roast potatoes potato and carrots</p>	<p>Battered Fish Fillet</p> <p>Cheese and Bean Pattie</p> <p>Fish finger wrap</p> <p>Oven baked Chips</p>
 <p><b>From £2.35</b></p> <p><b>VEGGIE</b></p> <p><i>Meat Free</i></p>	<p>Classic Gravy Onion Gravy</p> <p>Garden peas Mushy Peas Baked Beans</p>	<p>Egg Noodles</p> <p>Crispy Thai Salad Sweet Chilli Sauce Prawns Crackers</p>	<p>Vegetable puff pastry crown with roast potatoes and carrots</p>	<p>Garden Peas Mushy Peas Baked Bean Curry Sauce</p> <p>Pickled Onions, buttered rolls,</p> <p>, Chunky Tartare sauce, Ketchup and Lemon</p>
<p>Veggie Spaghetti Bolognese with garlic bread</p>				

**From £2.30**

**GLOBAL EATS**

**MONDAY**

Singapore Noodles with Chicken Teriyaki

**TUESDAY**

Minced Beef Keema Curry with Peas  
and Rice

**WEDNESDAY**

Love Joes - Mediterranean Chicken Wrap

**THURSDAY**

Mexican chicken and Cajun peppers in a bun

**FRIDAY**

Margarita pizza

**From £1.90**

**PASTA BAR**

**SERVED EVERYDAY**

Freshly cooked Pasta:

Slow cooked Beef Bolognese

Tomato and Basil Sauce

Served with:

Home baked Garlic Bread

Pesto  
Cheese

**From £1.20**

**DESSERT**

**MONDAY**

Lemon Drizzle Cake

**TUESDAY**

Peach crumble with custard

**WEDNESDAY**

Apple Pie with Shortcrust Pastry and Custard

**THURSDAY**

Chocolate pot with chocolate soil

**FRIDAY**

Sticky Toffee Muffin

# Week 4 Spring Menu



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 <p><b>From £2.35</b></p> <p><b>MAINS</b></p> <p><i>Fresh Flavours</i></p>	<p>★ <b>Pizza</b> ★</p> <p>12" Classic Margarita 12" BBQ Chicken 12" Roasted Vegetable Signature "Deep Pan"</p> <p>Garlic Pizza bread slices</p> <p>Potato wedges Chef's Salad Classic Coleslaw BBQ Beans</p> <p>Dipping sauces Garlic Mayonnaise Sweet Chilli BBQ Sauce</p> <p>Additions Spicy Chicken Wings</p>	<p>★ <b>Carvery</b> ★</p> <p>Sliced Roast Gammon</p> <p>Roast Vegetarian Loaf</p> <p>Yorkshire Pudding Roast pan gravy</p> <p>Sage and onion stuffing</p> <p>Crispy roast potatoes</p> <p>Roasted Carrots Garden peas Steamed Cabbage</p>	<p>★ <b>Fish &amp; Chip Shop</b> ★</p> <p>Battered Fish Fillet</p> <p>Cumberland sausage "</p> <p>Sausage or fish finger dogs</p> <p>Oven baked Chips</p> <p>Garden Peas Mushy Peas Baked Bean Curry Sauce</p> <p>Pickled Onions, buttered rolls, Pickled Gherkins, Chunky Tartare Sauce, Ketchup and Lemon</p>	
 <p><b>From £2.35</b></p> <p><b>VEGGIE</b></p> <p><i>Meat Free</i></p>	<p>Sticky BBQ Chicken with potato wedges and Cowboy Beans</p> <p>Sticky BBQ Quorn and Vegetables with potato wedges and Cowboy Beans</p>		<p>Tandoori chicken curry with pilau rice</p> <p>Onion Bhajis Vegetable samosas Naan bread</p> <p>Mango Chutney Onion Salad Mint and Yoghurt sauce Vegetable korma with steamed rice</p>	

**From £2.30**

**GLOBAL EATS**

**MONDAY**

Chilli Dog with grated Cheddar and crushed Tortilla

**TUESDAY**

Love Joes - Peri Peri Chicken with Rice and Coleslaw

**WEDNESDAY**

Sancho pollo polenta chicken burger

**THURSDAY**

Cheese and tomato Stromboli

**FRIDAY**

Spicy bean Burger

**From £1.90**

**PASTA BAR**

**SERVED EVERYDAY**

Freshly cooked Pasta:

Slow cooked Beef Bolognaise

Tomato and Basil Sauce

Served with:

Home baked Garlic Bread

Pesto  
Cheese

**From £1.20**

**DESSERT**

**MONDAY**

Banana Tea Bread

**TUESDAY**

Mocca sponge and Custard

**WEDNESDAY**

Banoffee muffin

**THURSDAY**

Mixed Berry Flapjack

**FRIDAY**

Warm Chocolate Brownie