

	AUTUMN TERM	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
YEAR 7	Health and Wellbeing <ul style="list-style-type: none"> -Self Esteem and Confidence -Emotions and Emotional Health -Self Care Strategies 	Living in the Wider World <ul style="list-style-type: none"> -Online Safety Self Esteem and the media -Peer pressure online and offline -How to be safe online and cyberbullying. 	Relationships <ul style="list-style-type: none"> -Features of healthy friendships -Peer on Peer Abuse -Bullying 	Health and Wellbeing <ul style="list-style-type: none"> -Physical and Emotional changes during puberty -Periods and the Menstrual Cycle -FGM 	Living in the Wider World <ul style="list-style-type: none"> -Factors to consider when choosing subjects/careers -Exploring potential careers/subjects
YEAR 8	Health and Wellbeing <ul style="list-style-type: none"> -Wellbeing strategies -Emotions and importance of empathy/kindness -Vaping and Smoking 	Living in the Wider World <ul style="list-style-type: none"> -Online Safety Impacts of Social media use -Responsible Social Media use -Sexting Risks and Laws 	Relationships <ul style="list-style-type: none"> -Different types of relationships -Marriage/Laws/Parenting -Healthy personal relationships 	Health and Wellbeing <ul style="list-style-type: none"> -Appearance ideals and the media -Body Image -Being Unique and Individual -FGM 	Living in the Wider World <ul style="list-style-type: none"> -The World of Work -Career Sectors -Exploring future career aspirations
YEAR 9	Health and Wellbeing <ul style="list-style-type: none"> -Mental Health -First Aid -Alcohol and Smoking 	Relationships and Health and Wellbeing <ul style="list-style-type: none"> -Consent, Sexual Violence and the Law -Exploitation and Grooming -*Contraception and STIS -Different types of long term relationships -Marriage/laws/Parenting 	Living in Wider World <ul style="list-style-type: none"> -Respect and British Values -Diversity and Inclusion -Prejudice -Protected Characteristics Stereotypes and Misogyny 	Relationships <ul style="list-style-type: none"> -Healthy Personal relationships -Stalking and Harassment -Hate Crime -Radicalisation and Extremism 	Health and Wellbeing <ul style="list-style-type: none"> Drugs -Difference between legal and illegal -Risks - Legal consequences and Laws
YEAR 10	Health and Wellbeing <ul style="list-style-type: none"> - Mental health illnesses -Drugs and Alcohol 	Health and Wellbeing <ul style="list-style-type: none"> -Breast Cancer -Cosmetic and Aesthetic Procedures 	Relationships <ul style="list-style-type: none"> -Sexual Harassment -Healthy Relationships -Global issues/Forced Marriage 	Health and Wellbeing <ul style="list-style-type: none"> -Pregnancy facts -Miscarriage 	Living in the Wider World <ul style="list-style-type: none"> -Intro to banking -Finance and Debt -Employability and getting ready for work

	-County Lines and Knife Crime				
YEAR 11	Health and Wellbeing -Developing a Growth Mindset -Pregnancy choices	Living in the Wider World -Future Choices -Post 18 Choices -Personal Statements	Health and Wellbeing -Mental Health and coping with exams -Mental health and suicide	Relationships * Myths and misconceptions about sex, gender and relationships -*Pornography -Consent and being assertive in personal relationships	PUBLIC EXAMS
YEAR 12	Health and Wellbeing -Substance Abuse -Work Life Balance -Effects of binge drinking	Living in the Wider World -Work experience and wider opportunities -Benefits of Work Experience and maximising employability -Tax slips and how to understand your salary	Relationships -Revenge Porn -Gaslighting and Coercion -Laws around pornography and sharing unsolicited images	Health and Wellbeing -How to access health services -Screening services -Gambling risks	Living in the Wider World -Life after Sixth Form -UCAS -Post 18 choices
YEAR 13	Health and Wellbeing -First Aid and Alcohol -Mens Health -Infertility -Menopause	Relationships -Sexual Violence and misogyny -Sexual pressures and alcohol	Living in the Wider World -Diversity and Inclusion -Racism	Living in the Wider World -Interview Skills -Student Finance -Pay day loans -Budgeting	PUBLIC EXAMS

Please note the content marked with an Asterix * is Sex Education. Parents have the right to withdraw their child from Sex Education. Please refer to our RSE Policy for further details.