

27 January 2022

Dear Parents and Carers,

Year 11 Off-Curriculum Day – Parent Twilight Online Wellbeing Session

As you are aware, Friday 4 February is our Year 11 off-curriculum day where students will be off timetable all day and participating in various workshops and activities, including workshops run by an external company, Positively You.

We would like to remind you about the exciting opportunity to attend a parent twilight session which will be delivered online via Microsoft Teams by Positively You at the end of the school day. The session will begin promptly at 4pm and will last for one hour.

The twilight session will focus specifically on the wellbeing workshop and will provide parents and carers with some fantastic tips on how to further support and encourage students at home as they try out their new skills. We highly recommend you attend this session in order to gain an insight into some of the tools and techniques which students experienced during the day.

The link to access the parent twilight session is as follows: Wellbeing Parent Twilight

If you have any questions regarding this day, please do not hesitate to contact me by email at <u>awehrle@wealdgs.org</u>

Yours sincerely,

Mrs A Wehrle Extra-curricular Coordinator

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