

14 December 2021

Dear parents and carers,

Year 13 Off-Curriculum Day

I am delighted to share with you details of our Year 13 off-curriculum day on Friday 21 January when students will be off timetable all day and participating in various workshops.

This day has been planned at the end of the Pre-Public Examinations as an opportunity for reflection, mindfulness and focus on their well-being after a busy and demanding period of testing. The off-curriculum day will involve a young driver awareness course and an interactive workshop on wellbeing. The young driver course is designed to influence the attitudes and behaviours of both young drivers and passengers who are currently over-represented in crash statistics. The purpose of the interactive wellbeing workshop is to provide a practical toolkit for the students to be able to manage their own mental health and wellbeing. The wellbeing workshop will be run by an external company called 'Positively You'.

The timetable for the day will be released when we return to school in January.

Attendance is expected and we hope that students will take full advantage of these sessions and find them rewarding and motivating, enabling them to feel positive and better equipped to cope with the pressure they face at school and in the world.

If you have any questions regarding this day, please do not hesitate to contact me by email at awehrle@wealdgs.org

Yours sincerely,



Mrs A Wehrle
Extra-curricular Coordinator

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